

July		August 2024					September
Sun	Mon	Tue	Wed	Thu	Fri	Sat	
				<p><b>1</b> 10:30AM- Cooking with Sarah at ZP.</p> <p>12:30 PM – Leave ZP for the Barnard Town Hall Theater to see the Barn Arts Summer Youth Program performance “High School Musical” 1-3 PM. <b>RSVP</b></p>	<p><b>2</b> 10AM- Leave for Wellwood Orchards in Weathersfield Vt for Blueberry picking. We will also visit the animals and have a picnic lunch (bring your own) We will return to ZP for an afternoon program. <b>RSVP</b></p> <p>3PM – BINGO with Doug at ZP.</p>	<b>3</b>	
<b>4</b>	<p><b>5</b> 10:30AM- Bobbi's Book Group and Friends at ZP, 10:30-11:30.</p> <p>1PM – Science with Linda G at ZP.</p> <p>2:45PM- Leave ZP for the Woodstock country Club driving range, to practice our golf swing and putting. Pick up at ZP at 4pm</p>	<p><b>6</b> 10:15AM- Leave ZP for a program at Billings Farm, 10:30-11:30pm.</p> <p>1:15PM – Leave ZP for Pickle Ball at the Woodstock Athletic Club, 1:30-2:30PM.</p> <p>3PM – Games with Sarah at ZP.</p>	<p><b>7</b> 10AM- Leave for Kayak and canoeing at Silver Lake, with Vermont Adaptive in Barnard, VT. Directions will be in the email. Bring a lunch with you. Return to ZP by 2:30pm. <b>RSVP</b></p> <p>3PM- Music with Kerry at ZP.</p>	<p><b>8</b> 10:30AM- Art with Sarah at ZP.</p> <p>1:15pm – Singing with Cooie at ZP.</p> <p>2:30PM - A Birthday (Dail's) swim at Dail's house.2:45-3:45.</p>	<p><b>9</b> 10:30AM- Work in the ZP garden with Doug. Weeding, watering and harvesting our veggies.</p> <p>1:30pm – Art with Finnie at ZP.</p> <p>3PM – Bocce Ball with Doug at the park across the street.</p>	<b>10</b>	
<b>11</b>	<p><b>12</b> 10:30AM- Bobbi's Book Group and Friends at ZP, 10:30-11:30.</p> <p>12:45PM – Walk to town for a visit at the Woodstock Historical Society, 26 Elm St, from 1-2PM.</p> <p>3PM – Yoga with Annie Frates at ZP.</p>	<p><b>13</b> 10:15 AM – Leave ZP for St Gaudens National Historic Park, for a visit and some art in the park. and some art in the park. Bring a lunch with you and we will find a spot to sit and eat. <b>RSVP</b></p> <p>3PM – Pickle Ball at ZP</p>	<p><b>14</b> 10AM- Leave for Kayak and canoeing at Silver Lake, with Vermont Adaptive in Barnard, VT. Directions will be in the email. Bring a lunch with you. Return to ZP by 2:30pm. <b>RSVP</b></p> <p>3PM- Music with Bob Horan at ZP.</p>	<p><b>15</b> 10:15AM- Leave ZP for bowling at Maple Lanes, 11-1:30pm. Bring your lunch with you. Leave ML at 1:30.</p> <p>2:45PM- Leave ZP for the Woodstock country Club driving range, to practice our golf swing and putting. Pick up at ZP at 4pm</p>	<p><b>16</b> 10AM – Leave ZP for the Cornish Fair, 10:30 - 1:30. Bring a hat, a water bottle and some money if you want to purchase lunch or play any games. You can also bring a lunch with you. <b>RSVP</b></p> <p>3PM – BINGO with Doug at ZP.</p>	<b>17</b>	
<b>18</b>	<p><b>19</b> 10:30AM- Bobbi's Book Group and Friends at ZP, 10:30-11:30.</p> <p>1:30PM - Art with Finnie at ZP.</p> <p>3PM – Yoga with Annie Frates at ZP.</p>	<p><b>20</b> 10:30AM- Cooking with Sarah at ZP.</p> <p>1:15PM – Leave ZP for Pickle Ball at the Woodstock Athletic Club, 1:30-2:30PM.</p> <p>3PM – Yoga with Amanda Uryase at ZP.</p>	<p><b>21</b> 10AM- Leave for Kayak and canoeing at Silver Lake, with Vermont Adaptive in Barnard, VT. Bring a lunch with you. Return to ZP by 2:30pm. <b>RSVP</b></p> <p>3PM- Music with Kerry at ZP.</p>	<p><b>22</b> 10:15AM- Leave ZP for bowling at Maple Lanes, 11-1:30pm. Bring your lunch with you. Leave ML at 1:30.</p> <p>2:45PM- Leave ZP for the Woodstock country Club driving range, to practice our golf swing and putting. Pick up at ZP at 4pm</p>	<p><b>23</b> 10:30AM- Work in the ZP garden with Doug. Weeding and watering.</p> <p>1:30PM - Fitness Games with Bari at ZP.</p> <p>3PM – Yoga Dance with Liz Barker at ZP.</p>	<b>24</b>	
<b>25</b>	<p><b>26</b> 10:30AM- Bobbi's Book Group and Friends at ZP, 10:30-11:30.</p> <p>1PM – Science with Linda G at ZP.</p> <p>2:30PM – Walk to the Norman Williams Public Library, for book browsing and story time with Kitty.</p>	<p><b>27</b> 10:30AM- Take a hike on the Aqueduct trail in West Woodstock.</p> <p>1:30PM- Music and Improv with Emerson at ZP.</p> <p>3PM – Reading with Abbie Kowalczyk</p>	<p><b>28</b> 10AM- Leave for Kayak and canoeing at Silver Lake, with Vermont Adaptive in Barnard, VT. Directions will be in the email. Bring a lunch with you. Return to ZP by 2:30pm. <b>RSVP</b></p> <p>3PM- Music with Kerry at ZP.</p>	<p><b>29</b> 9:30AM – Leave ZP for a Lake Sunapee boat cruise, followed by ice cream at the Quack shack. We need to arrive at the boat by 10:30 AM. We will cruise from 11-1PM. Bring a lunch, water bottle, a hat and sunscreen. We will return to ZP between 3 and 3:30. <b>RSVP</b></p>	<p><b>30</b> 10:30AM- Take a ride to the Antique Mall to poke around and see the alpacas.</p> <p>1:30PM - Fitness Games with Bari at ZP.</p> <p>3PM- Music with Bob Horan at ZP.</p>	<b>31</b>	