



# October 2024



November

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<p><b>Yellow = Zoom</b></p> <p><b>Blue = Field Trip</b></p>	<p><b>1 10:15 AM-</b> Leave ZP for a program at Billings Farm, 10:30-11:30 pm.</p> <p><b>1:15 PM-</b> Leave ZP for Pickle Ball at the Woodstock Athletic Club, 1:30-2:30.</p> <p><b>3 PM-</b> Music with Bob Horan at ZP.</p>	<p><b>2 10 AM-</b> Leave to cycle the Rail Trail with Vermont Adaptive in Lebanon, NH. Directions will be in the email.</p> <p><b>RSVP</b></p> <p><b>3 PM-</b> Music with Kerry at ZP.</p>	<p><b>3 10:15 AM-</b> Leave for bowling at Maple Lanes in Claremont NH, 11-1:30. Bring a lunch and a water bottle.</p> <p><b>3 PM-</b> Fun adventures with Sarah and Doug. A little afternoon shopping in search of a corn hole game.</p>	<p><b>4 10 AM-</b> Leave for Fore U Golf in West Lebanon, NH. We will do a round of putt-putt, then go back to ZP for lunch.</p> <p><b>1:30 PM-</b> Music with Kathleen and Mark at ZP.</p> <p><b>3 PM-</b> Bocce with Doug at the park across the street.</p>	<b>5</b>
<b>6</b>	<p><b>7 10:30 AM-</b> Book Group with Bobbi and Friends at ZP 10:30-11:30.</p> <p><b>1:30 PM-</b> Art with Finnie at ZP.</p> <p><b>2:45 PM-</b> Science with Linda Galvao at ZP.</p>	<p><b>8 10:30 AM-</b> Art with Sarah at ZP.</p> <p><b>1:15 PM-</b> Leave ZP for Pickle Ball at the Woodstock Athletic Club, 1:30-2:30.</p> <p><b>3 PM -</b> Yoga with Amanda Uryase at ZP.</p>	<p><b>9 10 AM-</b> Leave to cycle the Rail Trail with Vermont Adaptive in Lebanon, NH. Directions will be in the email.</p> <p><b>RSVP</b></p> <p><b>3 PM-</b> Music with Kerry at ZP.</p>	<p><b>10 10:30 AM:</b> We will go on a hike/picnic; the destination has yet to be determined! Stay Tuned....</p> <p><b>1:15 PM -</b> Singing with Coocie.</p> <p><b>3 PM-</b> Games with Sarah at ZP.</p>	<p><b>11 10:30 AM-</b> Cooking with Doug at ZP.</p> <p><b>1:30 PM-</b> Fitness Games with Bari at ZP.</p> <p><b>3 PM-</b> BINGO with Doug at ZP.</p>	<b>12</b>
<b>13</b>	<p><b>14 ZP is CLOSED for Indigenous Peoples' Day.</b></p>	<p><b>15 10 AM -</b> Leave for Cedar Circle Farm and Annie O'Neill's house (Thetford) for a picnic lunch (Bring your own), pumpkin carving, and more. We will head to the farmstand first, to pick out pumpkins. Then we will head over to Annie's house. We will return to ZP around 3 PM.</p> <p><b>RSVP</b></p>	<p><b>16 10:15 AM-</b> Leave ZP to swim at UVAC, 11-12 pm.</p> <p><b>1:30PM-</b>Walk to the Norman Williams Public Library for storytime and book browsing with Kitty.</p> <p><b>3 PM-</b> Music with Kerry at ZP.</p>	<p><b>17 10:15 AM-</b> Leave for bowling at Maple Lanes in Claremont, NH, 11-1:30. Bring lunch and a water bottle.</p> <p><b>3 PM-</b> Walk around town and check out the fall foliage and decorations.</p>	<p><b>18 9:30 AM-</b> Leave ZP for the Stephen Hunek Gallery and Dog Chapel in St. Johnsbury, VT. We will visit the chapel and gallery, have lunch, walk around the grounds, and return to ZP.</p> <p><b>RSVP</b></p>	<b>19</b>
<b>20</b>	<p><b>21 10:30 AM-</b> Book Group with Bobbi and Friends at ZP 10:30-11:30.</p> <p><b>1:30 PM-</b> Art with Finnie at ZP.</p> <p><b>3 PM -</b> Yoga with Annie Frates at ZP.</p>	<p><b>22 10:30 AM-</b> Cooking with Sarah at ZP.</p> <p><b>1:15 -2:15 PM-</b> Music and Immersion with Emerson at ZP.</p> <p><b>3 PM -</b> Yoga with Amanda Uryase at ZP.</p>	<p><b>23 9 AM-</b> Leave ZP for the Canterbury Shaker Village in Canterbury, NH. We will take a tour from 10:30-12, have lunch (Bring your own), and walk around the village to explore more. Pick up at ZP at 4 PM.</p> <p><b>RSVP by 10/10/2024</b></p>	<p><b>24 10 AM-</b> Head to Stowe, VT. Stop for a visit at the Cold Hollow Cider Mill. Have a picnic lunch and take a walk on the Stowe Recreation path. Depending on the time, we will head back to ZP afterward, possibly making another stop. Pick up at ZP at 4 pm.</p> <p><b>RSVP</b></p>	<p><b>25 10:30 AM-</b> Leave ZP for swimming at UVAC, 11-12 pm.</p> <p><b>1:30 PM-</b> Fitness Games with Bari at ZP.</p> <p><b>3 PM-</b> BINGO with Doug at ZP.</p>	<b>26</b>
<b>27</b>	<p><b>28 10:30 AM-</b> Book Group with Bobbi and Friends at ZP 10:30-11:30.</p> <p><b>12:45 PM-</b> Leave ZP for Clay with Fiona, 1-2pm.</p> <p><b>2:45 PM-</b> Science with Linda Galvao at ZP.</p>	<p><b>29 10:30 AM-</b> Art with Sarah at ZP.</p> <p><b>1:15 PM-</b> Leave ZP for Pickle Ball at the Woodstock Athletic Club, 1:30-2:30.</p> <p><b>3 PM-</b> Music with Bob Horan at ZP.</p>	<p><b>30 10 AM-</b> Leave ZP to visit the Hall Art Museum in Reading, VT, 10:30-12 PM. <b>RSVP</b></p> <p><b>1:30 PM-</b> Halloween crafts and pumpkin decorating with Kitty at ZP.</p> <p><b>3 PM-</b> Music with Kerry at ZP.</p>	<p><b>31 Halloween Costumes welcome!!</b></p> <p><b>10:30 AM-</b> Make Halloween treats with Sarah at ZP or watch a halloween movie... TBD</p> <p><b>1:45 PM-</b> Walk to the Woodstock green to see the WES Halloween Parade.</p> <p><b>3 PM-</b> Yoga Dance with Liz Barker at ZP.</p>		

